



Skills for Care

Safeguarding route planner

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Introduction

Safeguarding can be a maze for social care employers. Making sure that your workforce is on top of the latest guidance and current practice is important, and Skills for Care can support you to make sure you can access what you need simply and quickly. This guide will help you locate key information on the websites of Skills for Care and other partners to keep you informed and up to date about safeguarding adults. Finding your way around websites can be time consuming and confusing - use the summaries and links in this navigational guide to make sure that you find the right information first time.

Each summary answers the following questions:

- what's it called?
- who published it?
- what's it about?
- how recent is it?
- what can I learn from it?
- where can I find it?

Just look up the area that interests you and your route options will be clearly identified.



Making sure you are meeting CQC standards for a safe service

What's it called?

Care Improvement Works - Resources to meet CQC standards for a safe service

Who published it?

Published by Skills for Care and the Social Care Institute for Excellence (SCIE).

What's it about?

Up to date improvement and workforce development resources from Skills for Care and the Social Care Institute for Excellence to help improve your service – whatever your inspection rating.

Free, reliable guides, learning tools and resources for providers of adult social care in England. These are mapped to the Care Quality Commission's inspection questions and key lines of enquiries (KLOEs).

Care Improvement Works is supported by [Think Local Act Personal \(TLAP\)](#). It includes links to additional resources from TLAP and the [National Institute for Health and Care Excellence \(NICE\)](#).

How recent is it?

2015.

What can I learn from it?

How to improve your service in relation to CQC ratings.

Where can I find it?

'Care Improvement Works' - resources to meet CQC standards for a safe service can be found online at: www.careimprovementworks.org.uk.

What are the ten top tips from ADASS for directors about adult safeguarding and the Care Act?

What's it called?

Top tips for Directors of Adult Social Services on Adult Safeguarding and the Care Act

Who published it?

The Association of Directors of Adult Social Services (ADASS) and the Local Government Association (LGA).

What's it about?

This resource, presented at the ADASS Spring Seminar in April 2015, provides ten top tips for directors on implementing the Care Act.

How recent is it?

2015.

What can I learn from it?

What directors of adult social services are being told about safeguarding and the Care Act.

Where can I find it?

www.local.gov.uk/documents/10180/5756320/Top+tips+for+DASSes+on+Adult+Safeguarding/1796e615-2759-4c9b-9ce0-edcb914a941b

What are the implications of the Care Act for safeguarding adults?

What's it called?

Briefing: Care Act implications for safeguarding adults

Who published it?

Skills for Care and the Association of Directors of Adult Social Services (ADASS).

What's it about?

The Care Act 2014 puts adult safeguarding on a legal footing, putting good practice into law.

How recent is it?

2015.

What can I learn from it?

This Skills for Care and ADASS authored briefing sets out:

- key messages
- the role of local authorities and partners
- the impact of the legislation relating to local safeguarding adults boards (SABs)
- considerations for care providers and other organisations.

Where can I find it?

www.skillsforcare.org.uk/Document-library/Standards/Care-Act/learning-and-development/care-act-implications-for-safeguarding-adults-briefing.pdf

What questions do managers and practitioners need to ask themselves about safeguarding?

What's it called?

Safeguarding adults practice questions

Who published it?

The Social Care Institute for Excellence (SCIE).

What's it about?

Guidance for frontline practitioners and managers who work with adults who have care and support needs and who may be at risk of abuse or neglect. It identifies a number of challenging safeguarding dilemmas and aims to make clear how these should be handled within the new legal framework.

How recent is it?

2015.

What can I learn from it?

Adult safeguarding: sharing information

This resource for strategic and practitioner level staff involved in multi-agency safeguarding includes advice and guidance on:

- what should agencies be sharing?
- how do practitioners share information?
- resolving lack of clarity about what to share and with whom.

Where can I find it?

www.scie.org.uk/care-act-2014/safeguarding-adults/sharing-information/

How to share information about safeguarding

What's it called?

Adult safeguarding: sharing information

Who published it?

The Social Care Institute for Excellence (SCIE).

What's it about?

Checklist and resources for safeguarding adults boards.

How recent is it?

2015

What can I learn from it?

This guide aims to inform safeguarding adults boards (SABs) of what is required of them under the Care Act and to help them improve their effectiveness. It describes:

- what boards should do – role and duties
- who should do what – membership and tasks
- how boards should operate – structure and substructures.

Where can I find it?

www.scie.org.uk/care-act-2014/safeguarding-adults/safeguarding-adults-boards-checklist-and-resources/

What support is available to safeguarding boards?

What's it called?

Safeguarding Adults Reviews (SARs): implementation support

Who published it?

The Social Care Institute for Excellence (SCIE).

What's it about?

This resource supplements the policy development work already underway or completed by safeguarding adults boards (SABs).

How recent is it?

2015.

What can I learn from it?

Topics include:

- how to keep a focus on learning not blaming
- the skill requirements of reviewers
- the quality assurance functions of the safeguarding adults board (SABs) for safeguarding adults reviews (SARs)
- how to identify non-death or injury reviews that are of value
- the available approaches or models to choose from
- core elements of a review report.

Where can I find it?

www.scie.org.uk/care-act-2014/safeguarding-adults/reviews/index.asp

What other information is there on safeguarding from ADASS and the LGA?

What's it called?

'Making Safeguarding Personal' and other resources

Who published it?

The Local Government Association (LGA) and the Association of Directors of Adult Social Services (ADASS ADASS)

What's it about?

The LGA/ADASS Making Safeguarding Personal Programme focuses on introducing person-centred, outcome-based practice to Care Act implementation.

How recent is it?

2015.

What can I learn from it?

Information on the programme and other resources to support local partners work together to prevent abuse and to ensure wellbeing of anyone who has been affected includes:

informing policy and practice

- making safeguarding personal
- resources for safeguarding adults boards

improvement resources

- how we can support your council - safeguarding
- adult safeguarding improvement tool
- safeguarding adults peer challenge
- safeguarding adults - learning from peer challenge

improving partnerships

- roles and responsibilities in adult safeguarding
- joint statement on adult safeguarding
- adult safeguarding and domestic abuse

building local leadership

- advice and guidance to directors of adults social services
- councillors' briefing: safeguarding adults
- 'Must know' for lead members and safeguarding.

Where can I find it?

www.local.gov.uk/web/guest/adult-social-care/-/journal_content/56/10180/6074789/ARTICLE

What about safeguarding and personal budgets?

What's it called?

A study of the arrangements to safeguard adults from abuse

Who published it?

The Care Quality Commission (CQC).

What's it about?

The report 'what councils and providers do to keep people safe' looks at operational and strategic activity and analyses its effectiveness. It examines the development of personal budgets and the impact on safeguarding. The report documents some people's experiences of having been through the safeguarding process.

How recent is it?

2008, so there have been quite a few changes since then.

What can I learn from it?

There are some useful examples of good practice both from councils and providers. There is some detailed information about the inconsistency of approach between councils and considerable information about the importance of workforce development around safeguarding.

Where can I find it?

www.skillsforcare.org.uk/rkb

How to improve safeguarding in care homes

What's it called?

Better safe than sorry: improving the system that safeguards adults living in care homes

Who published it?

The Care Quality Commission (CQC).

What's it about?

A short bulletin from the Commission for Social Care Inspection (now known as CQC) identifying the steps that care homes and councils need to take to improve safeguarding.

How recent is it?

2006 - there are many changes since publication.

What can I learn from it?

Identifies 'what' needs to be done, but not 'how' e.g. councils need to provide information for residents and families. Providers need to make sure that staff are approachable so people can report concerns.

Where can I find it?

www.skillsforcare.org.uk/rkb

What research has been published about safeguarding over the last ten years?

What's it called?

Evidence review - adult safeguarding

Who published it?

Written by the Institute for Public Care. Published by Skills for Care.

What's it about?

It provides an overview of the research published about safeguarding adults over the ten years from 2003-13.

How recent is it?

It was published in February 2013, so is fairly current. It mentions Winterbourne View and refers to the proposals in the Care Bill (now an Act).

What can I learn from it?

This is a lengthy report that identifies a range of relevant evidence about current practice, what works and what are the key characteristics of effective practice, and where the gaps in the evidence base exist in relation to adult safeguarding and the social care workforce. The report examines the studies and research available over ten broad themes:

- policy in practice
- incidence and prevalence
- risk factors
- staff perceptions and understanding
- effect on staff
- prevention, training and multi-disciplinary working
- models of care
- risk assessment and personalisation
- Deprivation of Liberty Safeguards and the Mental Capacity Act
- serious case reviews and lessons learned

This can provide useful evidence of what works for workforce planning and development.

Where can I find it?

www.skillsforcare.org.uk/rkb

What do we know about violence against social care and support staff?

What's it called?

Violence against social care and support staff

Who published it?

Skills for Care.

What's it about?

It reports on the trends and current prevalence of violence against social care and support staff. It also looks at what current guidance and monitoring procedures employers are using to respond to and record violence against social care and support staff and what actions have been taken within the NHS in response to violence against staff and how social care can learn from their experiences.

How recent is it?

It was published in November 2013, so it is quite current.

What can I learn from it?

There is plenty of useful information about the impact of violence on staff and useful guidance about the most effective support that employers can provide. It also examines how employers report violence against staff and looks at the evidence for key risk factors. There are useful reports on learning and development and on responses to violence. There is also a large section on how the NHS has dealt with violence to staff and how/if this can be applied in social care.

Where can I find it?

www.skillsforcare.org.uk/rkb

What information is available on risk?

What's it called?

Learning to live with risk

Who published it?

Skills for Care

What's it about?

This is a short, practical guide for providers about how to manage the balance between duty of care and choice and control. It addresses the difficult questions for practitioners around balancing empowerment with duty of care.

How recent is it?

2011 so it is fairly current and the principles behind understanding risk do not change significantly.

What can I learn from it?

The rights of adults to live independent lives and to take the risks they choose need to be weighed carefully against the likelihood of significant harm arising from the situation in question. The 'learning to live with risk' resources are designed to help deliver greater personalisation, choice and control, at the same time as supporting the development of an even more capable, responsive, skilled and well-trained workforce.

Where can I find it?

www.skillsforcare.org.uk/livingwithrisk

What do I need to know about personalisation and safeguarding?

What's it called?

Safety for Citizens: Personalisation and safeguarding

Who published it?

Centre for Welfare Reform.

What's it about?

It is an article that explains how personalisation actually makes people safer by empowering them.

How recent is it?

2009 - so it is a few years old, but the principles are unchanged in the 'Making Safeguarding Personal Programme' that is currently being rolled out.

What can I learn from it?

How personalisation can actually make people safer because it strengthens citizenship and empowers people to take control of their own lives. People who have power and control are far less likely to be abused.

Where can I find it?

[www.in-control.org.uk/media/52833/personalisation safeguarding discussion paper version 1.0.pdf](http://www.in-control.org.uk/media/52833/personalisation_safeguarding_discussion_paper_version_1.0.pdf)

What can serious case reviews tell me about safeguarding?

What's it called?

Serious Case Reviews in Adult Safeguarding in England

Who published it?

British Journal of Social Work

What's it about?

The report looks at all the recommendations and lessons learned from 22 serious case reviews (SCRs).

How recent is it?

2011, so there have been many SCRs since then, including very significant ones such as Winterbourne View, but the lessons are still important. The Care Act changes the legal basis for SCRs from April 2015 and they will be called safeguarding adults reviews (SARs), but the objective of learning lessons from how agencies worked together remain the same.

What can I learn from it?

Reviews of actual situations always provide useful learning, particularly in depth and detailed reviews that clearly identify where things went wrong and make recommendations for future improvement.

Where can I find it?

www.skillsforcare.org.uk/rkb

What I can learn from the work of the independent safeguarding authority?

What's it called?

Safeguarding in the workplace: the lessons to be learned from cases referred to the Independent Safeguarding Authority

Who published it?

The Independent Safeguarding Authority

What's it about?

An interesting report that looks at the circumstances and behaviours that resulted in a referral, the outcomes and the responses of employers.

How recent is it?

2012.

What can I learn from it?

Useful information about common behaviours for employers to watch for, and about the circumstances including perpetrator profiles.

Where can I find it?

[www.in-control.org.uk/media/52833/personalisation safeguarding discussion paper version 1.0.pdf](http://www.in-control.org.uk/media/52833/personalisation_safeguarding_discussion_paper_version_1.0.pdf)

How to understand deprivation of liberty in the context of safeguarding

What's it called?

The Deprivation of Liberty Safeguards: their impact on care practice

Who published it?

National Institute for Health Research.

What's it about?

The study looked at the implementation of Deprivation of Liberty Safeguards (DoLS) and the extent to which they had brought about any changes in social care practice.

How recent is it?

Published in 2014, so it is very recent, but was undertaken prior to the Cheshire West judgement by the Supreme Court in March 2014 that changed some key criteria in respect of which people are covered by the Safeguards.

What can I learn from it?

Even though there are changes from March 2014, this is still a useful report of research findings and will help those managing residential, nursing or supported living services to be sure that they are referring people appropriately for assessments.

Where can I find it?

www.sscr.nihr.ac.uk/PDF/RF4.pdf

What is meant by self neglect?

What's it called?

Workforce development for self-neglect

Who published it?

Skills for Care

What's it about?

This is a scoping study looking at the issues posed by people who neglect themselves and the support needed for the workforce who may have to deal with this

How recent is it?

2013, so it is fairly recent and makes reference to current legislation.

What can I learn from it?

This study explores the different aspects of self-neglect including lack of self-care, lack of care of one's environment and refusal of services. It also looks at the evidence around the workforce development needs and the most effective ways of dealing with self neglect. There are many case studies that offer useful ideas and approaches and a helpful training strategy.

Where can I find it?

www.skillsforcare.org.uk/rkb

Partner organisations' most relevant web links

There are other organisations out there that can also help you find your way around safeguarding. Some of them are included here with information about what you can find on their websites.

Social Care Institute for Excellence

www.scie.org.uk

This site provides a wide range of information including an e-learning resource. There is information about:

- participation
- prevention
- commissioning
- safeguarding for housing staff
- self neglect
- mediation and family group conferences
- policy and procedures
- financial abuse.

There is also a comprehensive manual covering the legal aspects of safeguarding.

The Local Government Association (LGA)

www.local.gov.uk

<https://knowledgehub.local.gov.uk/>

The LGA website contains information about safeguarding for all local councils. This includes 'Making Safeguarding Personal', a new approach now being rolled out across the country. There is information for social workers, commissioners, senior managers, councillors and safeguarding adults boards.

LGA also provides 'Knowledge Hub', a useful knowledge community with a specific group around adult safeguarding.

The Association of Directors of Adult Social Services (ADASS)

www.adass.org.uk

ADASS produces a wide range of policies, procedures, standards and guidance for local authorities around safeguarding adults. As part of the programme 'Towards Excellence in Adults Social Care (TEASC)', ADASS are working with the LGA to support 'Making Safeguarding Personal'.

Journal of Adult Protection

<http://www.emeraldinsight.com/toc/jap/16/4>

A quarterly journal with academic articles covering a range of aspects of adult safeguarding. Each issue has several well researched and reviewed articles on topical issues relating to abuse of vulnerable adults.

Action on elder abuse

www.elderabuse.org.uk

This is a campaigning charity with a focus on abuse of older people. The website contains publications and useful information about the different forms of abuse and current issues. The organisation provides conferences, training and seminars.

Other support available and linked projects

Safeguarding should be a 'golden thread' running through social care and is relevant to a number of other areas across the care and support reforms. Notable linked areas are:

- person-centred care and support planning (www.local.gov.uk/care-support-reform/-/journal_content/56/10180/6522583/ARTICLE)
- integration, cooperation and partnerships (www.local.gov.uk/care-support-reform/-/journal_content/56/10180/6522905/ARTICLE)
- free Skills for Care learning and development resources (www.skillsforcare.org.uk).



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