

INTERNATIONAL NURSING BRIDGING PROGRAMME (INBP)

Course duration – one year

Mode of delivery – Online with tutor support

Destination – Guaranteed interview for employment

Progression - Employment in a nursing roles with our NHS Partner – Royal Berkshire Hospital NHS Foundation Trust. The Royal Berkshire Hospital is 40 minutes from central London

Entry Criteria – Qualified Nurse, IELTS 6, and successful introductory interview

Assessment - All assessments are internally verified through a rigorous and robust process to ensure that all grading is consistent, fair and provides developmental feedback

How will you learn? – the course is 100% online, with Tutor support to guide you and answer queries

Course structure

The course has 4 key components:

Part 1 - Introductory Interview with the NHS

To make sure we believe you are on the right course, you will take part in an online introductory interview with the NHS in the UK to assess your suitability for the course. This is a supportive part of the process to make sure you receive good information advice and Guidance

Part 2 – Preparation for the Objective Structured Clinical Examination (OSCE)

The OSCE is designed to assess your ability to competently apply your professional nursing or midwifery skills and knowledge in the UK. It is set at the level expected of nurses and midwives at the point of registration. This means you must show that you can apply knowledge to the care of patients at the level expected of a newly registered nurse or midwife.

This online course prepares you with the underpinning knowledge for the OSCE while you are still in your home country. You will then take a practical assessment when you are in the UK

The examination taken in the UK tests your ability to apply knowledge to the care of patients rather than how well you can remember and recite facts. All the scenarios and any questions relate to current best practice.

There are 2 key modules in this OSCE preparation course

1. Nursing Skills
2. Communication and Professional Behaviours in Nursing

Part 3 - OET

Occupational English Test

The Test: The Occupational English Test is the English language test for healthcare professionals. It assesses the language communication skills of healthcare professionals who wish to work in an English-speaking environment.

The test is designed to ensure that nurses and other health care professions have the sufficient language skills to communicate at a high level with patients and colleagues to ensure safe and effective care.

This is a graded score test. The Nursing and Midwifery Council requires nurses to score a minimum of grade B in the OET, with at least a B in each paper. The OET results are valid for two years from the date of receiving the results. Candidates are advised to allow a full day to complete the OET. This is because the test is broken into four sub-tests: Listening, Reading, Writing and Speaking.

Activate Learning Support: The college will ensure that candidates have access to online tutorials, course workbooks and practice tests. The 1:1 tutorials will provide targeted, personal feedback, helping you to acquire a range of exam techniques. This will enable you to work effectively in the test and manage your exam time.

Preparation for the exam will include the acquisition of a range of healthcare-related and profession-specific language. Our 1:1 support will help you to practice your writing skills using typical medical scenarios.

Part 4 – Entry to the UK with employment in a nursing role, with sponsored Tier 2 Visa

On successful completion of all course components, the last stage of the process is to align you a vacancy within the NHS in a Nursing position, and sponsorship of your Tier 2 Visa

Additional Information

Overview of OSCE

The OSCE tests how you will demonstrate how you apply holistic patient centred nursing or midwifery care and apply key clinical skills.

Everything you see in the OSCE comes from the blueprints produced by the NMC. These set out the scope and content of the examination in terms of the topics, skills and procedures that a newly registered nurse or registered midwife would need to know and be able to do.

For example, if a scenario involved a vulnerable adult or child with a non-accidental injury, candidates would be expected to know that the person or child may need to be removed from those suspected of causing the injury. Candidates would be expected to know how to raise concerns, know that they should alert the relevant safeguarding team and be able to share information appropriately within and across care teams. You are not expected to have detailed information about local procedures or local policies.

What are the typical skills tested in the OSCE?

Typical skills which may be tested either on their own or within a nursing scenario include:

- » Administration of Inhaled Medication (AIM)
- » Aseptic Non-touch Technique (ANTT)
- » Catheter Specimen of Urine (CSU)
- » Fluid Balance chart (FBC)
- » In-hospital resuscitation (without defibrillation) (IHR)
- » Intramuscular injection (IM)
- » Mid-stream Urine and Urinalysis (MSU)
- » Peak Expiration Flow Rate (PEFR)
- » Removal of Urinary Catheter (RUC)
- » Subcutaneous injection (SC)
- » Paediatric BLS - infant and child (children's nursing)
- » Auscultation of foetal heart (midwifery)
- » Newborn examination (midwifery)
- » Palpation (midwifery)
- » Calculating drug dosages
- » Hand hygiene
- » Medication administration
- » Physiological observations
- » Safe disposal of sharps
- » Wound care

The examiner will assess your approach to the patient throughout the examination, and will assess your communication skills such as:

- » Clearly explaining care, diagnosis, investigations and/or treatments.
- » Involving the patient in decision-making.
- » Communicating with relatives and health care professionals.
- » Seeking and obtaining informed consent.
- » Active listening.
- » Dealing appropriately with an anxious person or anxious relatives.
- » Providing clear instructions on discharge.
- » Providing advice on lifestyle, health promotion or risk factors.
- » Demonstrating compassion and care during communication.
- » Clear documentation which meets the requirements of the NMC (2018) the Code.
- » Professional behaviour. Professional attitude

What is the UK like?

The UK is a multi-cultural, multi-faith society where all patients must have their culture, faith and human rights respected by all health care professionals. Furthermore, all patients must be treated equally and not subject to discrimination based on disability, ethnicity, religion, gender or sexual orientation in accordance with the Equality Act 2010/7.

The UK may be very different from the last country you practiced in and you should spend time finding out about the population, health and social care, and other aspects of life. Your test will be related to current practice in the UK

Becoming familiar with nursing practice in the UK

You must familiarise yourself with the ethical and professional standards expected of registered nurses and midwives as outlined in the NMC (2018) the Code⁸. This course is designed to help you prepare and familiarise with these standards

These are the required standards, which underpin professional nursing and midwifery practice.

All healthcare professionals must work in partnership with patients, obtaining their consent and respecting their dignity and privacy. It is unacceptable for your words or actions to imply or express disapproval of any patient's lifestyle. You must not discriminate in any way against those in your care. Patients and the public expect high standards of professional practice from nurses and midwives.

Nurses work in partnership with other healthcare professionals. Nurses are expected to both contribute and lead in areas of care where they have expertise. Many organisations are recruiting nurses, using the six C's of care, compassion, competence, communication, courage and commitment and you should be familiar with these and be able to demonstrate throughout Part 2 of the test of competence.