

Keeping Well portals for London

For SE London, that is the boroughs of
Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark.

www.keepingwellse1.nhs.uk/

For NW London, that is the boroughs of
Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington & Chelsea and
Westminster.

www.keepingwellnwl.nhs.uk/

For SW London, that is the boroughs of
Bromley, Croydon, Kingston upon Thames, Merton, Richmond and Wandsworth.

www.swlstg.nhs.uk/patients-carers/keeping-well

www.swlondon.nhs.uk/support-for-staff/

For NE London, that is the boroughs of
Barking & Dagenham, City of London, Hackney, Havering, Newham, Redbridge, Tower Hamlets and
Waltham Forest.

www.keepingwellnel.nhs.uk

For NC London, that is the boroughs of
Barnet, Camden, Enfield, Haringey and Islington.

www.keepingwellncl.nhs.uk/

All offer free and confidential mental health and wellbeing support for you and your staff.